

16 Station Road  
Ystradgynlais  
Swansea Valley  
SA9 1NT



16 Heol Gorsaf  
Ystradgynlais  
Abertawe  
SA9 1NT

## Canolfan Wirfoddol Ystradgynlais

Reg Charity No 515094

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### Volunteer Opportunities available in and around Ystradgynlais

*Please phone the number above or call into Ystradgynlais Volunteer Centre  
for more information about the opportunities below*

<b>Age Concern Powys require a Volunteer Advocate</b>	Volunteer Advocate will be required to work in partnership with an older person to ensure their voice is heard and acted upon. Some training is involved.
<b>Brecknock Wildlife Trust require volunteers</b>	To help develop its exciting new Upper Tawe Valley Living Landscape project.  <b>Events volunteers</b> are needed to assist at events based in various locations in Brecknock.  <b>Reserve Wardens</b> are required to help with the Ground Maintenance throughout the area of Brecknockshire. Work includes maintenance of steps, handrails, footbridges etc as well as putting up bat/boxes; coppicing, bramble control and species counts.
<b>Brecon Citizens Advocacy require a Volunteer Project Worker</b>	Volunteers are required on a Tuesday and Thursday to be part of the 'Creating Together' project which is based on the art and craft activities for people with a learning disability. They are also looking for people who can help with transporting people to and from the venue. Drop in members to be supported and cover their own transport.
<b>Brecon Mountain Rescue Team require volunteers</b>	An emergency service staffed entirely by volunteers and funded by donation. Volunteers are required for fundraising, driving, radio operators, building maintenance and vehicle maintenance as well as working on the rescue team.
<b>British Heart Foundation requires volunteers for various activities. Volunteers needed for various roles:</b>	Charity Shop Volunteer - In-Memoriam Co-ordinators - Schools Co-ordinators - Collection Leaders - Fundraising Event Organiser - Local Event Organisers - Walkabout Co-ordinators - Event helpers.
<b>British Red Cross</b>	Event First Aid Support Volunteer to provide first aid, occasionally life-saving, to those who need help at public events and to support the ambulance service. Age 14 and over.
<b>Cancer Advice Assistant</b>	Tenovus is currently developing the scope of its service delivery across Wales. This role is needed to provide support to our Cancer Support Advisors. We are looking for volunteers to help out at Glanrhyd Community Hospital (every Thursday afternoon between 1pm – 4pm).
<b>CATCH require Foodbank in Ystalyfera</b>	<b>Formal Volunteer</b> - Formal Volunteers are required to contribute and support the delivery of the foodbank including administration, face to face contact with service users, and dealing with external agencies.  <b>Foodbank Volunteer Assistant</b> - Volunteers are required to contribute and support the delivery of any aspects of the foodbank service under the direction and guidance of a formal volunteer.  Time Required: Preferably regular - 4 hours per week on a Wednesday or Friday between 10.30am - 2.30pm, but any time you can offer would be gratefully received.

<b>Community Car Scheme require Volunteer drivers and escorts.</b>	Assistance needed in the smooth running of the community minibus and car scheme mainly the Ystradgynlais area. Drivers must be over 25 and under 70 for insurance purposes.
<b>Community First Aid Educator</b>	By helping to deliver simple, relevant first aid skills to those who are most likely to be there at the time of an emergency we hope to reduce the potentially serious or fatal consequences.
<b>Contact the Elderly require a driver/companion</b>	Volunteer driver/companion. To collect one or two elderly people in your car and take them to that month's host, spend a couple of hours together with the group enjoying afternoon tea and companionship, and take them home again. Required one Sunday afternoon a month.
<b>Craig y Nos Castle</b>	Volunteers are needed to help out with grounds work and repairs.
<b>Credit Union require a collector in Ystradgynlais and Brecon</b>	Volunteers are required to help with manning the collection point and cashier duties. Volunteer Assistance are required in Ystradgynlais Library every Friday from 10 am to 12 Midday.
<b>Enfys Foundation</b>	<b>Charity Shop Assistants</b> - Volunteers needed to help out in their charity shops based in Swansea and Pontardawe. <b>Practical/Electrical</b> - A volunteer electrician's assistant to help fix white goods and other basic repairs. <b>Retail/Customer Service</b> - Helping customers in their Warehouse Showroom.
<b>Hafan-y-Coed Abercrave</b>	Volunteers are required to assist with various projects in Abercrave, including Wood Coppicing, Carving Totems, Caring for the Memorial Garden and to help at Festivals and Events.
<b>Lliw Valley Women's Aid are looking for mentors</b>	Volunteers are needed to join their Mentoring Programme with The Bridge Project. Currently recruiting mentors for a positive change for women in YOUR local community.
<b>Lluest Horse and Pony Trust at Llangadog</b>	Need <b>helpers</b> to help look after rescued horses and ponies including general care of the ponies. <b>Fundraisers</b> are needed to set up small groups to organise fundraising events.
<b>Make-A-Wish Foundation</b>	<b>Wish Visitor.</b> To visit a wish child in their home and ascertain what their true wish is and why they would like it to be granted. <b>Fundraising volunteers.</b> Volunteers will be involved in a range of fundraising activities, from hosting stalls at events.
<b>Melincrydan Community Conference - Get NPT on-line Volunteer Coordinator</b>	Volunteers are required across Neath. You will be required to deliver 5 steps to get beneficiaries on line. You will need to know basic IT skills and the ability to work with people. Training provided.
<b>Multiple Sclerosis Society Swansea and District</b>	<b>Volunteer Escorts</b> are required to escort with the driver by helping to collect disabled people from home and take them to a day centre, returning them home later. Must be over 18. <b>Volunteer Minibus (Ambulance) Drivers</b> required to collect disabled people from home and drive them to a day centre, returning them home later. Drivers must be 25 years of age or under 70
<b>National Trust at Aberdulais Falls</b>	<b>Volunteer Events Coordinator</b> needed to help to deliver a variety of different events at Aberdulais Tinworks and Waterfall, from planning and preparation to setting up and running activities on the day. <b>Tearoom assistant.</b> The tearoom is organised by Friends who work either morning or afternoon one day a week from 10-15am-1.45pm or from 1.15pm-4.45pm serving light refreshments.

<b>National Youth Advocacy Service are looking for Independent Visitors in Powys</b>	All Independent Visitors are volunteers and they need no formal qualifications just a genuine and active interest in the welfare of children and young people. They are interviewed and on completion of a satisfactory enhanced CRB check and references verified, they then receive accredited training. Once this has been verified the Independent Visitor is then matched suitably.
<b>No Panic requires help-line volunteers</b>	Charity requires volunteers to work from home answering calls from anxiety disorder sufferers. Full training given and all out of pocket expenses paid.
<b>Powys Citizens Advice Bureau</b>	<b>Advisers/Gateway Assessors</b> - Volunteers are needed to train as Advisers or Gateway Assessors in our Ystradgynlais premises. You will need to know how to use spreadsheets and database. Volunteer Gateway Assessors are needed on Wednesdays, advisors on Wednesdays or Tuesdays. Some flexibility during the initial training period (3-4mths) is useful and sometimes necessary.  <b>Admin Assistants</b> are needed Tuesdays or Wednesdays 10am until 12pm.
<b>Powys Youth Offending Team - Become a Community panel member.</b>	An opportunity for volunteers from a wide range of backgrounds to serve as members of small panels, which will meet regularly to plan programmes to assist in the future personal development of young offenders or those at risk of offending.
<b>RNIB - Get Connected Volunteers</b>	Volunteers are required with a passion for technology and social media to support blind and partially sighted people to get online.
<b>Royal Voluntary Service - Hospital Befriending</b>	Volunteers required to visit elderly people during their stay in hospital. For some elderly people a stay in hospital can be a lonely and frightening experience and our volunteers aim to alleviate this.
<b>Snap Cymru</b>	<b>Project support</b> -Offering practical support to staff e.g. administration, support, distributing information and fundraising.  <b>Independent parental support</b> -Providing specific information, advice and support to the child and family.  <b>School and community link volunteers</b> - Provide schools and communities with general information on SNAP Cymru and other services.
<b>St. John's Ambulance requires first aider</b>	Volunteers are required to provide first aid at public events. Full training provided including First Aid at Work and ambulance courses.
<b>Stroke Association - Media Volunteer</b>	Media Volunteers help raise awareness of stroke across the UK by sharing their personal experience of stroke and representing the Stroke Association in the media.
<b>Swansea Prison</b>	<b>Play worker</b> to assist in the provision of play opportunities for children who are visiting someone held in HMP Swansea.  <b>Prisoners' family befriender/mentor.</b> This role is based in either Swansea or Cardiff prison, but may also involve work in the community in other parts of Wales to assist ex-offenders with the challenges of resettlement.
<b>Ty Hafan - The Childrens Hospice for Wales</b>	Friends of Ty Hafan require volunteers to get together with friends or colleagues to form a friends group. Organise fundraising activities such as coffee mornings, butterfly teas, quizzes, raffles, dinner dances.  Volunteers are needed to organise collection boxes and help locate suitable venues for our collection tins, such as local shops, deliver the collection tins and service them - collecting and replacing when full.
<b>Welsh Ambulance Service</b>	Volunteer First Aid Responders are needed around Ystradgynlais. You must pass a medical; have your own transport and a valid driving licence. Volunteer time is flexible to suit the Responder.

<b>WRVS and Powys Teaching Health Board</b>	The project is to help and support people at lunch times in a small hospital dining room providing support with eating and drinking in a happy warm environment. You may also provide activities to alleviate loneliness or shopping assistance.
<b>Wales Air Ambulance</b>	Fundraising Volunteer. You will be required to have good communication skills, be well presented and want to get involved in the community.
<b>Youth Justice Service</b>	Volunteer Mentors required across Powys. Duties include befriending and mentoring young people aged 8-18 who are experiencing substance misuse difficulties with themselves or their families.
<b>Ystrad Recycling</b>	<p><b>Van Driver's Assistant.</b> To assist van driver with pickup and delivery of furniture, tools and timber; to assist with the assembly of flat packed items as required; help with other duties as required.</p> <p><b>Sales Assistants</b> are required at Ystrad Recycling to help out with morning sales Saturday's from 9am-12pm to assist with showroom cover, sales, keep receipts and donation detail.</p> <p><b>Tool Refurbishers</b> are needed to assist with collection of donations of unwanted tools to refurbish in the tool store, Monday - Friday mornings from 9am - 1pm.</p> <p><b>Wood recyclers</b> are required to sort, clean and de-nail timber, recycle timber into new items to sell, help refurbish and sell second hand furniture for sales.</p>
<b>Ystradgynlais Disability Sports Club</b>	General Sports Volunteer. They are looking for a general volunteer to assist a coach in the delivery of introductory sports skills and team games on Wednesday's 5.00pm - 6.15pm. Minimum age is 16.
<b>Ystradgynlais Volunteer Centre</b>	<p><b>Befrienders</b> are always welcome in all areas to visit elderly, lonely, disabled and housebound people. You will be required to sit and chat, maybe help out with some shopping, some transport needs and escorting to appointments.</p> <p><b>Volunteer receptionists</b> required. Occasional administration, office cover and newsletter production and dispatch.</p> <p><b>Dog walkers</b> are required in the surrounding area of Ystradgynlais to help our elderly, disabled and housebound owners who can't get out to walk their pets. It can be as little as a couple of hours a week or as much time you can spare. Any donation of time, regardless of length or regularity, is gratefully welcomed.</p> <p><b>Event Volunteers</b> are required to assist with loading, setting up, sales and customer care, promotion of the project, clearing away after and unloading on return; at any upcoming shows. Own transport is required.</p> <p><b>Admin, IT and Ebay volunteer</b> required. Volunteer required for computer work in the centre e.g. admin, IT, typing and posters. Plus selling items on ebay.</p> <p><b>Ebay sales.</b> Young volunteers are required to undertake ebay sales in Ystradgynlais. For 14 year olds and over if competent user of computers and systems to undertake ebay sales process for YVC.</p>
<b>Ystradgynlais Welfare Hall Ystradgynlais</b>	Are looking for new members to help out at coffee mornings every Friday and/or to act as ushers for events.
<b>Ystradowen Community Centre</b>	Require a Minibus Driver (Multiple Drivers to share the duties.)You will be required to transport people from Ystradowen and the surrounding area to and from the Community Centre. Also drive community groups to various local locations as and when required. You will need to hold a full clean driving licence including category D1. MiDAS trained desirable but not essential. Also Manual Handling and First Aid training desirable but not essential as can be provided.